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STARTERS

QUICK BITES FROM THE WORLD OF BON APPÉTIT

LOW-FAT COOKING SECRETS
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TASTING
best steak for grilling


A steak grilled with some of summer's simplest flavors. And it all comes down to more than 20 steaks for the 'cue. AMY ALBER

PHOTOGRAPH BY TOM SCHIER

the sipping news
GAMAY: SUMMER'S BEST RED

Gamay—the grape responsible for Beaujolais Nouveau—also produces sophisticated, light-bodied, fruity reds that are ideal warm-weather sippers when chilled. Patrick Watson, co-owner of Brooklyn Wine Exchange in New York, picks his favorites from around the world. A.K.


Domaine Dupeuble
Père et Fils 2008 Beaujolais, France, \$13
Never to be compared with Beaujolais Nouveau, this wine exemplifies quality and grace.


Edmunds St. John 2008
"Bone-Jolly," El Dorado, California, \$16
Perhaps the best California Gamay, and right up there with French bottlings.


Evening Land Vineyards
2008 "Celebration," Oregon, \$20
Gamay excels in Oregon, as evidenced by this refreshing wine with excellent acidity.


Grosjean 2008 Gamay,
Valle d'Aosta, Italy, \$24
The vineyards are beautiful, and so is this balanced wine from the standout Northern Italian producer.


Domaine de la Vougeraie
2007 En Bollery "Terres d'en Face," Burgundy, France, \$30
Organic vineyards produce this big and spicy Gamay.

PHOTOGRAPH BY TOM SCHIER



STARTERS/ drinks

THE SALTY DOG makes 2
Coarse kosher salt
Ice cubes
1/2 cup vodka or gin
3/4 cup fresh grapefruit juice

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TIPS & TECHNIQUES FROM THE EXPERTS

"EMAN" INTERHOUSE
LED
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Domaine de la Vougeraie
2007 En Bollery
"Terres d'en Face,"
Burgundy, France, \$30

Organic vineyards produce this big and spicy Gamay.

TOMATO PASTA SALAD

JULY

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